

**Doctor  
Consultant  
Nurse  
Hospital  
Tests  
Clinic  
Medication**



### **Consultant**

Your HIV specialist doctor at the hospital (your consultant) is a very important person, after you are diagnosed HIV positive. They are there for you and you will benefit from developing a good relationship with them.

## Consultant

You will be given an HIV specialist doctor (a consultant) when you are diagnosed HIV positive. You may also see people who are nurses or health advisors.

The hospital will monitor the results of your regular blood tests, which are used to monitor the progress of the virus. The hospital will make decisions with you about the health care and medication you need.

All the health care staff at your hospital are there to help you live as well as you possibly can. They are there to support you through your diagnosis and after. If you do not understand anything at the hospital, or you are worried then it is important that you tell the staff. It is also essential that you keep all your appointments so that your health can be properly monitored. Even if you feel very well, you must still see your doctor every 2 or 3 months.

If anyone suggests that you should pay for treatments, or asks questions you find difficult to answer about your immigration status, then it is important to get expert advice from a HIV support organisation.

**Treatment information website** [www.aidsmap.com](http://www.aidsmap.com)

Contact **George House Trust 0161 274 4499**  
**[www.gh.t.org.uk](http://www.gh.t.org.uk)** **[gh.t@gh.t.org.uk](mailto:gh.t@gh.t.org.uk)**

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still life with HIV



Reg. Charity 700365

**AfricanAIDShelpline**  
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Reg. Charity 1079727

**0800 0967 500**