

george house trust
still life with HIV



HIV Treatments and Side Effects Training Part Two Welcome!

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Session Outline



- Revise knowledge of terminology around HIV and HIV treatments
- A more detailed look at the social aspects and support needs of someone beginning HIV treatment
- An opportunity to reflect how Community Support Volunteers can provide the most effective support to someone starting HIV treatment



HIV Terminology

- CD4
- Viral Load
- Combination Therapy
- Adherence
- Side Effects

Case Study – Part One



Michael is a 26 year old gay man. He has been diagnosed HIV positive for 4 years. He has been physically and mentally well for the time since his diagnosis and has regularly attended clinic for his appointments. His recent CD4 counts have seen a steady decline and his last result was 275. His consultant has told him that he now needs to start treatment. Michael has few people in his life to offer him support – he has no regular partner. He lost his job at a shop 6 months ago because of the credit crunch.

Case Study – Part One



Quick think in small groups

What issues might there be for Michael as he prepares to start treatment?

Case Study – Part Two



Michael has now been referred for allocation to a Community Support Volunteer on the basis that he feels he needs some extra support around starting, and maintaining his HIV treatments. He is worried about the possible side effects of the drugs he will be taking and doesn't feel that he will be able to 'stick to' his treatment regime. He has been prescribed a drug called 'Atripla'. Michael finds much of the medical information he has been provided with at the hospital confusing. He does not feel that he has a particularly good relationship with the medical professionals in his life because he lacks confidence when talking to them. His view of his hospital appointments is that 'the doctor knows best' and that he is there simply to listen.

Case Study – Part Two



In small groups and using the resources in the reception:

Group 1 – Find the information you would need about the potential side effects of Atripla in order to provide Michael with the support he needs. What information would you give to him?

www.aidsmap.com

www.i-base.info

Come back and present your findings to the group.

Case Study – Part Two



In small groups and using the resources in the reception:

Group 2 – Find information that would help you to give advice and tips to Michael about how to maintain good adherence to his medication. What information or tips would you give him?

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www.i-base.info

Come back and present your findings to the group.

Case Study – Part Two



In small groups and using the resources in the reception:

Group 3 – Find the information you would need to help him to understand the roles of a) his HIV consultant and b) the HIV nurse specialist. How would you help him to be able to get the most from his appointments with these people?

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www.i-base.info

Come back and present your findings to the group.



Any Questions ?