

Sexual Health and Harm Reduction Team

Training Programme

April 2011 – March 2012

Manchester Public Health Development Service Training Programme 2010/11

Welcome to the MPHDS Training Programme for 2010/11. Please note that this programme comes in 4 different colour coded brochures detailing the various courses offered under the following topic areas:

- Sexual Health and Harm Reduction (this brochure)
- Mental Health and Well Being
- Physical Activity, Health Eating & Cancer Prevention
- Stop Smoking

If you require any additional brochures, please contact the appropriate administrator listed at the back of this publication; they will be happy to email or post to you.

To apply for a course, please use the Application Form on Page ?? This must be fully completed and posted, faxed or emailed to the appropriate administrator as detailed. You will then receive a confirmation either by post or email.

Please do read our terms and conditions prior to filling out your application – this will let you know what we expect from you as an attendee and what you can expect from us.

We are delighted to offer such a wide variety of courses, covering a multitude of public health topics. Our courses are delivered by experienced trainers who are passionate about the subjects they deliver.

We hope you find a course or a variety of courses that are appropriate to you or your organisations needs, but please do let us know of any suggestions you may have for additional courses.

For more information on Manchester Public Health Development Service please visit our website

<http://www.manchesterpublichealthdevelopment.org>

The Sexual Health and Harm Reduction Team

Due to the significant correlation between inequalities, deprivation, poor sexual health (including teenage pregnancy) and substance misuse, the Sexual Health and Harm Reduction Team within Public Health Development Service strive to continue to find innovative ways to address inequalities and seek to provide both a rapid response to issues as they arise as well as a preventative stance in all the work undertaken.

The North West has the highest incidences of HIV and HIV related illness and STIs outside of London and the South East with the majority of these occurring in Manchester. There are 7,500 problem drug users in Manchester and approximately 3,000 in contact with treatment services at any time. The North West also has a higher than national average number of men and women who drink over the recommended level, with young people drinking twice as much as they were ten years ago. Therefore, sexual health, drugs and alcohol are a major health, educational and social concern for the people of Manchester.

The Sexual Health and Harm Reduction team has established a regional reputation for its pioneering training programme that ensures that people in Manchester receive consistent, clear and accurate information about sexual health, drug and alcohol use.

Positive Interventions HIV & Sexual Health Awareness

Duration 2 Day Course

Course Aims

- To provide participants with an up to date understanding of the medical and social facts of HIV, transmission and effects.
- To enable participants to explore issues around sexuality, safer sex and the experiences of people living with HIV.
- To update participants with information about local HIV support agencies.

Target Audience

Frontline workers in a health or social care setting, i.e. clinical staff, social workers and third sector workers.

Trainers

Pete Smith & Bridget Hughes

Date

- 14th & 15th April 2011
- 14th & 15th July 2011
- 17th & 18th November 2011
- 12th & 13th January 2012
- 13th & 14th February 2012
- 6th & 7th March 2012

Positive Plus Advanced HIV Awareness

Duration 1 Day Course

Course Aims

- To provide participants with in-depth scientific and medical information on HIV
- To examine the structure and composition of the virus, the affect on the body, the immune system and anti retro-viral drugs.
- To explore the current social, political and ethical debates around HIV criminalisation, racism and homophobia.

Target Audience

Frontline workers in a Health or Social Care setting, i.e. clinical staff, social workers and third sector workers.

****Participants should have attended the introductory course or have a good knowledge on the subject of HIV.****

Trainers

Pete Smith & External speaker

Date

- 6th May 2011
- 30th November 2011

Back to Basics HIV and Sexual Health Awareness

Duration: 1 Day Course

Course Title

Back to Basics – An introduction to sexual health and STIs

Course Aims

- To provide participants with a broader understanding of sexual health, including STIs, sexuality, contraception and risk.
- To inform participants of suitable resources and relevant local agencies.

Target Audience

Frontline workers in a health or social care setting, i.e. clinical staff, social workers and third sector workers.

Trainers

- Pete Smith

Date

- 8th June 2011
- 14th October 2011
- 25th November 2011
- 30th March 2012

Crushes to Hot Flashes Women and Sexual Health (women only course)

Duration 2 Day Course

Course Aims

- To examine the sexual health needs for women from the teenage years to the menopause.
- To explore issues around contraception, pregnancy, STIs and the menopause with emphasis on the social and emotional aspects of women and sexual health

Target Audience

Frontline workers in a health or social care setting, i.e. clinical staff, social workers and third sector workers.

Trainers

Josanne Cowell & Bridget Hughes

Date

- 12th & 13th May 2011
- 20th & 21st October 2011

Getting the Measure of it Basic alcohol awareness

Duration 1 Day Course

Course Aims

- To cover general myths and facts about alcohol, it's effects both in the short and long term.
- To be able to identify increasing and higher risk levels of risk as well as dependent drinking patterns.
- To be able to offer brief advice and to be aware of self-help and local treatment options available.

Target Audience

Frontline workers in a health or social care setting, i.e. clinical staff, social workers and third sector workers.

Trainers

Liz Burns & Kate Johnson

Date

- 1 day course
 - 25th May 2011
 - 7th July 2011
 - 9th November 2011
 - 22nd February 2012

Alcohol and Dependency Women and alcohol

Duration 1 Day Course

Course Aims

- To explore the recent increase in women's drinking.
- To examine the dangers, particularly to young binge drinkers and alcohol in pregnancy.
- To explore how attitudes to women's drinking and how service provision has changed.

Target Audience

Frontline workers in a health or social care setting, i.e. clinical staff, social workers and third sector workers. Please note that attendance at the basic alcohol awareness course is recommended before this session.

Trainers

Liz Burns & Kate Johnson

Date

- 5th October 2011
- 31st January 2012

It's a Man's World Working with boys and young men

Duration 2 Day Course

Course Aims

- To explore the specific sexual, emotional and mental health needs of boys and young men.
- To highlight models of good practice being undertaken citywide.
- To provide participants with an opportunity to develop strategies to enhance good work practice.

Target Audience

Frontline workers in a health or social care setting, i.e. clinical staff, social workers and third sector workers.

Trainers

Pete Smith & Tony Sheppard - Wyseguys

Date

- o 20th & 27th May 2011
- o 2nd & 9th December 2011

It's not an issue Sexual health, sex and relationships for people with learning difficulties.

Duration 1 Day Course

Course Aims

- To enable participants to have an understanding of sexual health and relationship education with people with learning difficulties.
- To explore the issues facing people with learning difficulties; their partners, carers and workers, identifying suitable strategies and resources.

Target Audience

Frontline workers in a health or social care setting, i.e. clinical staff, social workers and third sector workers.

Trainers

TBC

Date

- o 14th December 2011

Reducing Drug Related Deaths Overdose Management

Duration 1 Day Course

Course Aims

- To provide participants with an awareness of the factors that can increase the risk of overdose in people using drugs and alcohol.
- To explore ways in which the risks of overdose can be reduced.
- To gain basic life support skills, management of seizures and an understanding of the procedures followed when alerting emergency services.
- To provide an understanding to the policy around the opioid 'blocker' Naltrexone.

Target Audience

Frontline workers in a health or social care setting, i.e. clinical staff, social workers and third sector workers. Please note that attendance at the basic alcohol awareness course is recommended before this session.

Trainers

Colin Tyrie & Gary Beeny

Date

- 4th April 2011
- 9th September 2011

Living the High Life (Part 1) Drug Awareness

Duration 1 Day Course

Course Aims

- To provide a basic awareness of the common street drugs used today.
- To look at the history of UK drug use, examining drug scenes, changes in policy and practice, and future trends.

Target Audience

Frontline workers in a health or social care setting, i.e. clinical staff, social workers and third sector workers.

PLEASE NOTE:

We would encourage all attendees to enrol on Living the High Life Part 2 on completion of this course.

Trainers

Colin Tyrie & Gary Beeny

Date

- 8th July 2011
- 20th January 2012

Living the High Life (Part 2) Advanced drugs awareness

Duration 1 Day Course

Course Aims

- To examine more deeply the theoretical concepts of social drug use.
- To provide participants with a sound knowledge of the Misuse of Drugs Act including amendments and how this relates to work in practice.

Target Audience

Frontline workers in a health or social care setting, i.e. clinical staff, social workers and third sector workers.

PLEASE NOTE:

It is recommended that attendees will have either taken part in 'part 1' of this course or have a good knowledge of current street drugs.

Trainers

Colin Tyrie & Gary Beeny

Date

- 22nd July 2011
- 27th January 2012

No Girls Allowed Men and sexual health (men only course)

Duration 2 Day Course

Course Aims

- To explore the range of issues around men's sexual health including puberty, sexuality, STIs/HIV, erectile dysfunction, testicular and prostate cancer.
- To explore ways to engage with men on sexual health and health promotion issues.

Target Audience

Frontline workers in a health or social care setting, i.e. clinical staff, social workers and third sector workers. Please note that this course is designed solely for men.

Trainers

Pete Smith, Tony Sheppard & (TBC)

Date

- 2nd & 3rd June 2011
- 27th & 28th March 2012

People, Pins and Prevention Safer injection training

Duration 2 Day Course

Course Aims

- To explore the Misuse of Drugs Act (paraphernalia amendments).
- To provide information on STIs, injection related infections, principles of harm reduction and specific issues for performance and image enhancing drugs.

Target Audience

Frontline workers in a health or social care setting, i.e. clinical staff, social workers and third sector workers.

PLEASE NOTE:

This course is mandatory for anyone that wishes to work in a Manchester Needle Syringe Programme.

Trainers

Colin Tyrie & Gary Beeny

Date

- 25th & 26th April 2011
- 27th & 28th June 2011
- 25th & 26th August 2011
- 6th & 7th February 2012

The Jury's Out Harm Reduction

Duration 2 Day Course

Course Aims

- To explore the nature of harm reduction and to be able to present a case for and against harm reduction as an intervention.
- To enable participants to explore the complexities of harm reduction theories and practice, be confident in their interventions with service users and able to support their interventions with evidence.

Target Audience

Frontline workers in a health or social care setting, i.e. clinical staff, social workers and third sector workers.

Trainers

Pete Smith & Colin Tyrie

Date

- 28th & October (part 1) 4th November (part 2) 2011
- 16th & 23rd March 2012

The Sleeping Giant Awakes! Hepatitis C

Duration 1 Day Course

Course Aims

- To provide a basic but comprehensive awareness of Hepatitis C, including epidemiology, prevention, treatment and best practice guidance.

Target Audience

Frontline workers in a health or social care setting, i.e. clinical staff, social workers and third sector workers

Trainers

Colin Tyrie & Gary Beeny

Date

- o 17th June 2011

Who ate all the P.I.E.S 'An Introduction to Performance and Image Enhancing Drugs'

Duration 1 Day Course

Course Aims

- To gain a greater understanding of the types of drugs used and their side effects
- To gain a greater understanding of Intramuscular and Subcutaneous injecting and associated risks
- To be given appropriate Harm Reduction advice to service users
- To examine the pressures of body image in modern culture

Target Audience

Frontline workers in a health or social care setting, i.e. clinical staff, social workers and third sector workers.

Trainers

Gary Beeny

Date

- o 10th May 2011

Rather have a cup of tea 'Over 50's

Duration 1 Day Course

Course Aims

- To enable participants to explore issues around sexuality, safer sex and people Over 50.
- To explore the current data around HIV, STIs and people Over 50.
- To inform participants of suitable resources and relevant agencies.
- To increase worker's awareness around the sexual health needs of the Over 50s.

Target Audience

Frontline staff in a health or social care setting working with the Over 50s

Trainers

Pete Smith & Josanne Cowell

Date

- 1 day course
 - 4th & 5th August 2011

Call the Cops 'The essential guide to Legal and illegal 'Legal Highs'

Duration 1 Day Course

Course Aims

- To explore the expanding internet drug market
- To explore the knowledge base around legal highs
- To consider the relationship between legal highs and 'Big' society

Target Audience

Frontline workers in a health or social care setting, i.e. clinical staff, social workers and third sector workers.

Trainers

Gary Beeny

Date

Date

- 20th September 2011

Curry & Rice The Ultimate Take away

'Speedballing' or using Heroin and Crack together, is one of the most dangerous forms of poly drug use.

Duration 1 Day Course

Course Aims

- To explore the expanding Internet drug market
- Provide an indepth exploration of covering history, effects and physical harms.
- The course will cover harm reduction advice /strategies and investigate various treatment options.

Target Audience

Needle syringe workers and volunteers, drug workers and anyone wanting to increase their knowledge of these drugs.

Trainers

Gary Beeny

Date

- 1st February 2012

Terms and Conditions

1. Participants will ensure they have agreement from their managers/supervisors to attend any course.
2. Participants must complete an application form (which is available in this brochure.) Participants must complete a **separate application form for each course** they wish to apply for. The application form should be printed or photocopied as appropriate.
3. Once an application has been processed, participants will receive a confirmation via email/post detailing course title, date, time and venue. Once the participant has received this written confirmation it is expected that they will attend. (If for whatever reason you have not received any communication regarding a course you have applied for, please do not presume that you have not been booked on. If in doubt, please contact the appropriate administrator).
4. Failure of notification of cancellation or non attendance on the day will result in a **£75 charge**.

If for any reason a participant is unable to attend, a **cancellation form** (contained within this brochure) should be sent by email/post/fax, and should be received no later than **a week or more** before the course commences. A phone call is not accepted as notification of a cancellation.

5. If a participant is unable to attend it is acceptable with enough notice for another member of staff within their organisation to attend in their place. However, notification of the change must be given within one week; an application form for the new applicant and a notification of cancellation must be received.

6. Courses will begin promptly as detailed on the confirmation letter.

Participants must ensure that they are ready to start at designated time. **Late arrivals** may not be admitted and **will be charged £75**. If for whatever reason participants are unsure what time the course they are attending is scheduled to commence, they should contact the appropriate administrator, in advance of the day of the course, for clarity.

7. Please ensure that you read the confirmation letter carefully for details of time and venue.

8. Participants must complete the whole course in order to obtain their certificate.

9. In order to allow a cross section of participants from different agencies and to ensure fairness, please note that only two applicants will be permitted per course. If you have a large number of staff who wish to attend a particular course then please phone to discuss.

Application Form

Fill in Black Ink Using Block Capitals – Please read the Terms and Conditions before Applying
A SEPARATE FORM IS REQUIRED FOR EACH TRAINING COURSE

Course Title:.....		Course Date:.....	
Name: <input type="text"/> <input type="text"/>		Occupation/Job Title:.....	
Please print your name clearly as the name that appears above will be the one used on your certificate			
Group/Organisation:		Tel No.: <input type="text"/>	
Address:.....		Fax No.: <input type="text"/>	
Post Code:.....		Mobile: <input type="text"/>	
		Email: <input type="text"/> <input type="text"/>	
Please print your name clearly as the one that appears above will be the one that appears on your certificate			
Management Approval:		<i>Print Name</i>	<i>Signature</i>
I confirm that I support this application. I will ensure the applicant is freed from his/her normal duties in order to attend.			
NB: If you require more than 2 individuals from your organisation to attend a particular training, please contact us.			
Manager's Email		<input type="text"/> <input type="text"/>	
Candidate Agreement:		<i>Print Name</i>	<i>Signature</i>
I confirm that I have read, agree with and understand the MPHDS Training Programme Terms and Conditions			
How did you find out about this course?		Via Email Marketing Self Inquiry MPHDS Website Other Please state.....	Via colleague/Line Manager Contacted by Course Trainer Poster/Flyer
Special Needs Requirements In order to help us to plan appropriate aids and adaptations to enable staff with a disability to attend training courses, please state in the box below any equipment or help you may require. e.g. mobility requirements, portable loop system; electronic handouts; handouts printed on coloured paper; Braille etc			
Reason for Applying (provided to trainers prior to the course to allow them to gain an understanding of your need and where possible to best tailor the course to your requirements)			
Why have you applied for this course?			
Please list 3 objectives you wish to achieve from attending this course		1. 2. 3.	
There are different administrators for different courses, please send your application form to the appropriate administrator			
Section		Administrator	Base
Sexual Health & Harm Reduction		Kellie McGuire	Mauldeth House 0161 882 2301
Stop Smoking		Michelle Dooley	Victoria Mill 0161 861 2587
Mental Health		Madge Strong	Victoria Mill 0161 861 2547
Physical Activity, Healthy Eating, Cancer Prevention		Ruhana Miah	Mauldeth House 0161 882 2307
Victoria Mill Lower Vickers Street, Miles Platting, Manchester, M40 7LJ Tel: 0161 861 2546 (Switchboard) Fax: 0161 203 5817		Mauldeth House Mauldeth Road West, Chorlton, Manchester, M21 7RL Tel: 0161 882 2300 (Switchboard) Fax: 0161 882 2319	

Course Cancellation Form

Fill in Black Ink Using Block Capitals – Please read the Terms and Conditions for more information

Course Title:.....	Course Date:.....		
Name: <input type="text"/> <input type="text"/>	Occupation/Job Title:.....		
Please print your name clearly as the name that appears above will be the one used on your certificate			
Group/Organisation:	Tel No.: <input type="text"/>		
Address:.....	Fax No.: <input type="text"/>		
Post Code:.....	Mobile: <input type="text"/>		
	Email: <input type="text"/> <input type="text"/>		
Reason for Cancellation:			
Points to remember:- If a candidate cannot attend their chosen course, they must notify the department one week before the course date. If the candidate is not able to notify of non-attendance, e.g. maternity leave, sickness leave, compassionate leave, this then becomes the responsibility of the line manager to inform the department. This will enable us to re-allocate the place. If the applicant or their manager fails to inform us of their inability to attend for any reason, the unsubsidised course fee rate of £75 will be charged. Applicants will ensure that they inform us of any change of address or other contact details. Courses will begin promptly, generally at 9.00 am unless otherwise stated.			
Management Approval: I confirm that I support this cancellation	<i>Print Name</i>	<i>Signature</i>	<i>Date</i>
There are different administrators for different courses, please send your cancellation form to the appropriate administrator			
<u>Section</u>	<u>Administrator</u>	<u>Base</u>	
Sexual Health & Harm Reduction	Kellie McGuire	Mauldeth House 0161 882 2301	
Stop Smoking	Michelle Dooley	Victoria Mill 0161 861 2587	
Mental Health	Madge Strong	Victoria Mill 0161 861 2547	
Physical Activity, Healthy Eating, Cancer Prevention	Ruhana Miah	Mauldeth House 0161 882 2307	
Victoria Mill Lower Vickers Street, Miles Platting, Manchester, M40 7LJ Tel: 0161 861 2546 (Switchboard) Fax: 0161 203 5817		Mauldeth House Mauldeth Road West, Chorlton, Manchester, M21 7RL Tel: 0161 882 2300 (Switchboard) Fax: 0161 882 2319	

Our Health and Information and Resources Library provides high quality, evidence based information and resources to support Public Health in Manchester. This includes training on searching for information. Please email library@manchester.nhs.uk for more information.

If you require more information about the MPHDS training programme, please contact the appropriate administrators.

- **Mental Health**
Administrator: Madge Strong
MPHDS
Victoria Mill
Lower Vickers Street
Miles Platting
Manchester
M40 7JL
Tel: 0161 861 2547
Email: madge.strong@manchester.nhs.uk
- **Physical Activity/Healthy Eating/Cancer Prevention**
Administrator: Ruhana Miah
MPHDS
Mauldeth House
Mauldeth Road West
Chorlton
Manchester
M21 7RL
Tel: 0161 882 2307
Email: Ruhana.miah@manchester.nhs.uk
- **Sexual Health and Harm Reduction**
Administrator: Kellie McGuire
MPHDS
Mauldeth House
Mauldeth Road West
Chorlton
Manchester
M21 7RL
Tel: 0161 882 2301
Email: kellie.mcguire@manchester.nhs.uk
- **Stop Smoking**
Administrator: Michelle Dooley
MPHDS
Victoria Mill
Lower Vickers Street
Miles Platting
Manchester
M40 7JL
Tel: 0161 861 2587
Email: michelle.dooley@manchester.nhs.uk



Manchester

Public Health Development Service

A photograph of a modern cable-stayed bridge with a large, white, Y-shaped central pylon. People are walking across the bridge. In the background, there are modern buildings and a cloudy sky.

**Training for a
healthier
happier
Manchester**