



# African

HIV peer support

# service

Support from someone who  
knows what you're going through

**george house trust**  
still life with HIV





# There are times when we all need support from someone...

It can help to talk to someone, in confidence, who's been in the same situation as you.

Maybe you've just been diagnosed HIV positive, are thinking about starting HIV treatments or are worried about telling other people close to you about your HIV status?

Our African Peer Support Service gives you the chance to meet in a friendly, relaxed and completely confidential environment with a fully trained George House Trust volunteer, who is also living with HIV. They can listen to your worries, share their own experiences and offer information and support.

If you would like to meet with a Peer Support Volunteer, please speak to a member of the Services staff team at George House Trust on: 0161 274 4499 or email: [support@ght.org.uk](mailto:support@ght.org.uk)